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*Arrow*

**LOG**

*head*

*November 2016*



*Barbara & Darrell Sausser at Darrell's 85th birthday party. He's holding a present from 4 yr old grandson - Oliver*

*Tammi and Bruce Meeks on a bicycle ride around Diamond Lake, south of Hemet.*



**Arrowhead Sail & Power Squadron**  
A Unit of the United States Power Squadrons  
Sail and Power Boating - 52 years of serving our communities

**THE WORKING CREW**

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Jr/ P/C Darrell Sausser, SN  
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Lt Bob Cozad, SN

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**THE LOG**

Published monthly

*Your nautical dreams can come true with education*



## *Commanders Note*

### *Cdr TONY WILEY, AP*

The November dinner meeting will be on  
November 9th @ Elks Lodge,  
San Bernardino.

Time: 6:00 pm for drinks - 6:30pm dinner -  
7:00 guest speaker

This time our destination is the Pacific.  
To be more specific, The Aquarium of the Pacific.  
No we will not be going there However our guest speaker will be presenting her  
topic about the fabulous Aquarium Of The Pacific.  
Our guest speaker will be  
Justine Quinones  
Justine is a volunteer diver at the aquarium.  
She will give us a perspective of the aquarium that few will ever see.  
from inside the aquarium looking out at people.

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### *District 13 USPS*

D 13 Members: District 13 Fall Conference is Saturday November 19.

This is a one day conference beginning at 0830 at the California Marina Cabrillo Way Meeting Room  
224 Whalers Walk San Pedro CA 90731.

There is a full day of activities. At 1000, Dennis and Virginia Johns, around the world sailors, are giving a talk on cruise planning, telling how they actually planned, with handouts and questions. Dennis and Virginia taught a cruise planning course for the Santa Barbara Squadron. Their talk will give all members a chance to benefit from their experience.

Lunch is at noon at about \$24. Awards will be given to members/of various squadrons in the afternoon.

Regards, District 13 Commander.

### *D13 spring conference 2017*

*District 13 Members:*

The Valley Squadron is sponsoring a fun event next Spring. It is a four day cruise from Long Beach via Avalon to Ensenada and back to Long Beach. The deposit is **\$150 per person**. Interior cabins are \$279 per person including meals. Ocean view cabins are \$319 per person, only \$40 more.  
Contact Dawn Eckhart (727) 403-0406, Dawnstraveldeals@gmail.com.

This cruise doubles as the Spring Conference, although most of the business will be over & done before we board. There will be a Change of Watch Ceremony, COW, during the cruise, welcoming and swearing in the new D13 Commander, P/D/C Veronica Mann and scuttling the old.

The Cruise line has extended the time to make reservations for the March 2017 cruise on the Carnival Imagination to **Nov. 16**. Remember, the deposit is only \$150 per person and interior cabins are \$279 per person, so if you want to go, make your reservation. Recall this cruise is the District 13 Spring Conference and the Change of Watch (COW) will be held on board.

District 13 Commander, Llad Phillips

*CHANGE OF WATCH is mandated by our By-Laws to be the February dinner/meeting.*

*There are many squadron positions that need volunteers for 2017. Without officers the squadron will disappear. You are needed so the squadron will continue to exist in 2017.*

*Call Cdr Tony with members willing to step up to the plate for 2017.*

*Darrell Sausser*

## ***XO Brett Nunnally, AP November, 2016***



\Our next USPS dinner meeting will be November 9th.

Brett is recuperating well from his recent surgery. Give him a call - we all wish for a speedy recovery

D. Sausser

### **SKIPPER BOB'S FAMOUS (ALMOST) CUISINE**

**Did You ever try cedar planked salmon ?**

**Here is how to make it yourself.**

you will need

- 3 12inch untreated cedar planks available in the barbeque department of most stores
- 1/3 cup vegetable oil
- 1/4 cup chopped green onions
- 1 1/2 Tbs. rice vinegar
- 1 TBs grated ginger root
- 1 Ts. sesame seed oil
- 1 Ts minced garlic
- 1/3 cup soy sauce
- 2 LBS salmon, Filet, skin removed.

Soak the cedar planks in water for 1 hour or longer. Put them in a shallow pan and place a weight on top. A longer soak is better.

In a shallow dish, stir together the vegetable oil, Rice vinegar, sesame oil, soy sauce, and green onions, Ginger and garlic. Place salmon filet in the marinade turning to coat. Cover and marinate for up to 1 hour. Preheat your outdoor grill to high. Place the planks on the grill for about 7 minutes (until they are charred). Lower heat to medium turn planks over and place the salmon on the planks. I like to place a few slices of lemon on top of the salmon while cooking. Discard marinade, close cover and cook for about 20 minutes Salmon is done when you can flake it with a fork. It will continue to cook some after you remove it from the grill.

Bon Appetite  
Skipper Bob

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### **VSC Corner**

Ken Griffing did 2 successful VSCs but I don't know if they will count towards this year's total.

### **SEA SCOUTS**

Sea Scouts are holding regular meetings now and working on their rank advancements and planning next year's calendar.

Pat (Peaches)Rogers

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*ANNUAL ARROWHEAD CHRISTMAS PARTY  
P/C Jan Freeman is our chairperson for this popular squadron Christmas event. It is scheduled for Sunday afternoon, 2:30 - 5:00, December 11th. You will be getting an invitation in the mail soon.*



November 2016

**Squadron Education Report  
Submitted by D/Lt Ronnie Mann, JN**

*Come for the Boating Education... Stay for the Friends<sup>SM</sup>*

The Piloting Course is now in progress with 5 students.

ABC3 was cancelled.

What course or seminar would you like to have presented? Let me know You can contact me at my email address [gr8thounds@earthlink.net](mailto:gr8thounds@earthlink.net) or call me either at the house (951) 689-2105 or on my cell at (909) 223-6976.

In addition to our face to face classroom settings, national also has online courses and seminars available. Here is the website <http://www.usps.org/edonline/> I believe this is a step in the right direction, we need to change the perception that we only have classroom training and do not provide hands on experience.

I have included a message about the Practical on the Water Training and Recertification Program. If you are interested in participating, please let me know.

This message is to let you know about an upcoming certifier and re-certifier training and the why we need more certifiers for the recently announced "Free POTW" program.

I am very enthused about the new program "Free POTW" (Practical OTW training) that has been introduced by USPS and BOC. The BOC and OTW training committee is responsible for the Boat Operator Certification (BOC) program as well as developing on-the-water training activities. One of them is the POTW seminar.

This seminar, previously costing more than \$200, now is free for our members. Most of the costs incurred by the squadrons to run the program (rental of a small powerboat, etc.) will be reimbursed by the BOC. It will be a strong enticement to get new members into the squadron and also providing needed training in powerboat maneuvers for existing members.

Squadrons are encouraged to start the "Free POTW" program rolling. It will be easier to attract ABC3 students with the knowledge they will have a free follow-up POTW training if they join USPS. As mentioned before most of the cost for the squadron, boat renting and other additional expenses will be covered by the national BOC Committee.

In D/28, San Luis Rey squadron has already scheduled the first "Free POTW" seminar for the last week of January, following an ongoing ABC3 class. A "Free POTW" seminar will follow the next San Diego squadron ABC3 class in February.

A Press Release and flyer to advertise the free POTW program for potential ABC3 class students will be available shortly to help all the squadrons of the BOC Southwest and Pacific Isles (D/13, D/25, and D/28) marketing the program. These marketing tools should help increasing the numbers of ABC3 students and the numbers of students signing up for membership.

*To get the program going we need to get more qualified POTW instructors. The prerequisites to be a POTW instructor:*

*cont'd page 5*

*Boating Course Seamanship  
Instructor Certified  
OTWBPH Basic Power Boat Handling  
BOC Certifier Training*

*Regional Director DEO Norm Pennington, SN-ACN and ARD Van Diehl, SN-ACN will be teaching shortly the BOC Certifier training. It will be done through the Internet. The online training will include the BOC Certification training and further information about the Free POTW program. The date and time of the online training will be soon announced. Please let Norm and Van know if you would be attending. The course is also required for re-certification.*

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## ***IN MEMORIAM***



### ***It is with sadness we announce that Nan Tracy has passed***

*She is now with Lee whom we lost in April this year. Together they enjoyed more than 50 years of boating, travel, teaching, family and professional endeavors.*

*Lee and Nan were married 63 years ago and it is impossible to describe the activity or interests of one without including the other. They were always together in their activities: Arrowhead, Hollywood YC, District 13 and Southwestern YC where they lived on their boat for 12 years.*

*Nan Tracy was a supporter of Arrowhead Squadron for decades. She headed the "Arrowhead Arrowmates", the ladies group supporting the squadron. That was before ladies could be members of USPS. During that time she raised funds necessary to keep the squadron solvent.*

*Nan is survived by Martha (Dick) of Washington; son Larry of France, daughter Penny (Frank) of Bloomington, CA; son Rick of Wrightwood, CA.*

*Grandchildren include Frederick, of France; Patrick, of Reche Canyon, CA; Kelly Lee of Oak Hills, CA and "Mikey" Courtney of Wrightwood, CA. She also leaves 13 great grandchildren and one great-great grandson, Conner of Texas.*

*We wish comfort for their families and friends.*

*Services have not been announced at this time.*

*P/C John Walker*

A TRIBUTE TO HOWARD FULLER  
by  
Diane Fuller (daughter)

Howard Fuller was born June 4, 1921 in Detroit Michigan

At the age of 15 (he fibbed about his age) he joined the Michigan National Guard. He graduated from Cooley High in 1938 and joined the Marines, with special permission from his parents since he was only 17.

While in the service, Howard worked in aircraft ordinance and as an aircraft maintenance line chief. He left the active service in 1945 and re-enlisted in the Marine reserves that same year.

He started in the insurance business as a claims adjuster for xxx Insurance Co. where he met Mildred in the summer of 1946. They were married in November of 1946 as Howard said he wasn't going to spend another cold winter alone. Howard joined Ohio Casualty Ins. In 1948.

They started their family in 1948 with Michael, Diane in 1951, Joyce in 1955 and Janet in 1957. Howard was promoted to Claims Manager of the Flint Michigan office for Ohio Casualty in 1956 which prompted he and Mildred to buy 2 acres of land in Fenton Michigan and build their own house. In 1960 Howard told the company there wasn't enough work to keep him busy there and requested a transfer to the Dearborn office. The company obliged but asked him to move back to Detroit (too many miles on the company car). The family loved the small town of Fenton, 6,000 people, so Howard said 'No Way was he moving his family', Ohio said OK.

1964, Mildred had some health issues which prompted the move to California, Ohio Casualty found him a position in the Riverside office. He retired in 1983.

Howard joined the United States Power Squadron District 13, Arrowhead Squadron in February 1972. He earned 43 merit marks and passed the following courses: Seamanship, Sail, Operations Training, Piloting, Advanced Piloting and Weather.

Howard held the following offices in the Arrowhead Squadron, Commander, Executive Officer and Secretary and several others. Howard and Mildred loved the camaraderie of the squadron and enjoyed many outings with the group.

He was a member until his death September 9, 2016

On a more personal note, Dad always said he "had a good life". He loved Mildred dearly and his children also. He was always up for an adventure, he and Mildred took many trips together including two 6 month + driving trips around the United States and Canada. The best thing I could say about Dad ..... **he was a very loving and extremely thoughtful person and I am proud to call him my father.**

Diane

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## Arnold Rowe, AP, Webmaster and Safety Officer

### HULL MAINTENANCE

To most of us, summer is the time for sailing. When the Florida sun sends the mercury up to 95 degrees is not a favorite time for a major boat project. Farther north, sailors may spend the winter and spring on boat projects, but the day the boat goes over the side, work is forgotten, and the fun begins. The season seems too short to squander on chores. However, few things can bring the fun of sailing to a screeching halt faster than a severe case of summertime neglect.

As a rule, midseason maintenance is fairly painless. It can be conducted on hot afternoons after a day in the office. It can be done on a lazy Sunday while the spouse and kids are off to the grandparents for an obligatory Sunday visit. Unless you find some big problem, the summary checks and small repairs can actually prevent a larger investment of time a month or a day later.

#### Below the Water

“Out of sight, out of mind” is the worst attitude you can have toward the bottom of the boat. In case you haven’t figured it out yet, not all antifouling paints are created equal. Nor is the paint that works perfectly well in the Long Island Sound necessarily the right paint to use in the Puget Sound.

Many variables influence the effectiveness of bottom paints other than the amount of biocides they contain. You may not even get the same performance from the same paint on the same hull in the same location from year to year.

Despite manufacturers’ claims, we have never seen a bottom paint that doesn’t at least develop slime over the course of a season. Most develop much more.

Whether you have a sailboat or a powerboat, occasional scrubbing of the bottom is an absolute necessity. On powerboats, a foul bottom drastically increases fuel consumption. On sailboats, even a thin coating of slime will reduce performance.

There are simply no valid rules of thumb for how frequently a bottom should be scrubbed. The serious racing sailboat will have her bottom scrubbed weekly. A clean bottom makes all the difference in the world in performance. Even the least competitive cruising sailboat in the water of Maine should have the bottom scrubbed once during the course of the season. Slime and grass usually form first near the waterline. When you can see it there, it’s time to go after the whole bottom. If you don’t want to do it yourself, get a diver. It’s money well spent.

While cleaning the bottom, don’t forget the prop. If you polished the prop thoroughly with ultra-fine sand paper before the boat was launched, most marine growth can be scrubbed off with a stiff brush. Props that are idle most of the time will foul far more quickly than the prop of a powerboat used everyday. A foul prop does more than slow you down under power. It can cause overheating of the engine. Barnacles and other stubborn growth are best removed with a putty knife.

*Adapted from: This Old Boat, 2nd Edition from Practical Sailor.*



