



www.arrowheadsquadron.org

Arrow

head

LOG



August 2016



*San Juan Islands,
Washington state*



Arrowhead Sail & Power Squadron
A Unit of the United States Power Squadrons
Sail and Power Boating - 52 years of serving our communities

THE WORKING CREW

Commander

Cdr Tony Wiley, AP
951-201-9689

Education Officer

Lt/C Ronnie Mann
909-223-6976

Executive Officer

L/C Brett Nunnally, AP
951-733-5943

Secretary

L/T Jerry Ervin, JN
951-686-2746

Treasurer

P/D/C Mike Mann, SN
909-223-6971

**Administrative
Officer**

AO John Brewington
951-024-3159
and AO Pat Rogers, S

Executive Committee

Lt/C John "Pat" Rogers, S
Bob Cozad, SN
Jr/ P/C Darrell Sausser, SN
Lt Arnold Rowe, JN
Lt Vincent Fenty, AP
Lt Bob Cozad, SN

Webmaster

Lt/C Arnold Rowe, JN
951-787-9842

THE LOG

Published monthly

Your nautical dreams can come true with education



Commanders Note

Cdr TONY WILEY, AP

S/V Magic



There is something magical about the dance that occurs between the ocean and the sky - with the wind as your partner. Whether it is under a bright blazing sun, or a star filled sky - the rhythm of the ocean, the surge of the vessel, the sound of the wind, and the splash of the waves. In all my wanderings and adventures, I have found no tonic stronger to restore my soul, replenish my spirit, and brighten my outlook on life



Letters to the Editor - - -

Here's where your helpful and constructive ideas could be exposed to the light of day.

Darrell Sausser, SN

Log Editor, P/C, etc

XO Brett Nunnally, AP July



SKIPPER BOB'S FAMOUS (almost) CUISINE

Everybody loves pizza.

making your own sauce is not that hard and it really tastes great.

You will need :

- 2 Tbl olive oil (I use only extra virgin)
- 2 anchovy fillets (this is important even if you don't like anchovies do it anyway)
- 3 cloves garlic minced
- 2 TBl finely chopped fresh oregano leaves
- 1/2 Tsp red pepper flakes
- 1/2 teaspoon dried Oregano
- 1 28 OZ can whole peeled tomatoes
salt to taste
- 1 pinch freshly ground black pepper
- 1 small pinch baking soda

Heat olive oil over medium heat in a saucepan, stir anchovy filets into olive oil stirring often until anchovies begin to sizzle. About 1 minute

Mix in garlic and stir until fragrant, about 1 minute more add fresh oregano and reduce heat to low. Cook until oregano is wilted, 2 or 3 more minutes.

mix red pepper flakes, dried oregano, and tomatoes into olive oil mixture, bring sauce to simmer, season with salt, pepper and sugar .

Turn heat to low and simmer for about 40 minutes until thickened.

Last, stir baking soda into mixture and mix well.

Stay tuned. Next month I will tell you how to make pizza dough.

bon appétit
Skipper Bob

Sept 7th USPS Arrowhead dinner meeting

Our next USPS official dinner meeting will be September 7th

We will have a very special speaker that has an interesting background.

Any part of his background would make a fantastic topic .

However, It is one particular adventure that he was on that will be the topic on the 7th.

It includes an exotic location, ancient myths, danger, and treasure.

You'll be amazed, don't miss the Sept 7th meeting
Remember to RSVP
to Cdr Wiley.



August 2016

Squadron Education Report
Submitted by D/Lt Ronnie Mann, JN

Come for the Boating Education... Stay for the Friends □

**Summer started June 20, 2016 and will end September 22, 2016.
Fifty-three more days of summer fun.**

Looking to the future:

Seamanship Course started July 28, 2016 with three students.

The Piloting Course is scheduled to start September 22, 2016 to December 1, 2016 from 7PM to 9PM. It will be held at the Izaak Walton Building. The address is 2710 Dexter Drive, Riverside, CA 92501. Cost is \$75.00

ABC3 is scheduled to start Thursday, October 13, 2016 to Thursday, November 3, 2016 from 7PM to 9PM. It will be held at Wiley's Scuba Locker.

To register for a class contact me at my email address gr8thounds@earthlink.net or call me either at the house (951) 689-2105 or on my cell at (909) 223-6976.

In addition to our face to face classroom settings, national also has online courses and seminars available. Here is the website <http://www.usps.org/edonline/>

Mark your calendars:

U.S. Navy Fleet Week (previously known as Navy Days)-September 2 thru September 6 is coming to the Port of Los Angeles. #LAFleetWeek2016

In-Water Southern California Boat Show-September 22 thru September 25 at the Cabrillo Way Marina.

The hours are: Thursday, September 22 12PM to 7PM

Friday, September 23 10AM to 7PM

Saturday, September 24 10AM to 7PM

Sunday, September 25 10 AM to 5PM

See you out and about
Ronnie

August 2016

Squadron Education



Boat Operators certificate

On January 1, 2018, a seven-year phase-in of the California Vessel Operator Card (CVOC) requirements will begin. See below for the phase-in schedule. By 2017, the California State Parks Division of Boating and Waterways (SBW) will begin issuing the CVOC to boaters operating motorized recreational vessels on California waterways who can show proof of passing an approved vessel operator examination.

The new law (SB941) promotes boating safety education for California boat operators. Once issued, the CVOC remains valid for the boat operator's lifetime.

Where can boaters take exams?

Boaters will be able to choose to take approved boating safety courses or challenge exams online, in the classroom or through home study. To learn more and for a list of exemptions visit www.dbw.parks.ca.gov/CVOC.

<i>How will the CVOC be phased in?</i>		<i>January 1 2021</i>	<i>Persons 40 years of age or younger</i>
<i>January 1, 2018</i>	<i>Persons 20 years of age or younger</i>	<i>January 1 2022</i>	<i>Persons 45 years of age or younger</i>
<i>January 1, 2019</i>	<i>Persons 25 years of age or younger</i>	<i>January 1 2023</i>	<i>Persons 50 years of age or younger</i>
<i>January 1, 2020</i>	<i>Persons 35 years of age or younger</i>	<i>January 1 2024</i>	<i>Persons 60 years of age or younger</i>

NOTE: THIS EVENT HAS BEEN CANCELLED DUE TO SMALL ATTENDANCE

UNITED STATES POWER SQUADRONS®

DISTRICT 13 ANNUAL ISTHMUS CRUISE SUNDAY AUGUST 7, 2016

Bingo—Fantastic Raffle Prizes—our famous Tri Tip, Snacks, Soda. Beer. Come One Come All! Be there or Be square Catalina Express Schedules Depart San Pedro 0800 check in by 0700 to pick up tickets

Depart Two Harbors 6:15on August 7, 2016

(Departure time subject to change, CHECK WITH CATALINA EXPRESS

Please make reservations directly with Catalina Express at 800-805-9201

DINNER RESERVATIONS (Dinner will be served at 2)

TRI TIP	JULY30	AFTER JULY 30	TOTAL	AMT
ADULTS	\$25.00 _____	\$30.00 _____	_____	_____
CHILD 10 TO 13	\$10.00 _____	\$15.00 _____	_____	_____
DONATION TICKETS \$10.00 FOR 11	_____	_____	_____	_____

Name(s) _____ **Address** _____

City _____ **Zip** _____ **Phone** _____

Email _____

**Make check payable to: D13 Isthmus Cruise Mail check to: P/D/C Doug Dworski 3730 Oleander Street, Seal Beach, CA 90740-3032
dworski@earthlink.net**

SAFETY ON THE WATER

Arnold Rowe, AP, Webmaster and Safety Officer

SAFETY ON THE WATER

Arnold Rowe, AP, Webmaster and Safety Officer

WHAT TO DO WHEN THE WIND KICKS UP

Here are some thoughts on what to do when the wind kicks up into high gear:

- Know your boat's cruising speed in different conditions, especially in an active seaway. Combining that with the approximate distance to the nearest harbor means you can quickly weigh your options at a moment's notice.
- Good onboard weather information is second only to good navigation equipment. Check with NOAA weather radio periodically when you see unsettled weather in the forecast. Be sure you have a DSC-enabled VHF on your boat. A backup waterproof handheld (HT or "handitalkie") VHF is also a good idea.
- When you're in cellphone range, a weather app that shows weather radar is helpful. If you're out of cell range, consider adding satellite weather service to your boat. Cellphone app that show the location and frequency of lightning strikes can give you additional useful information.
- While it's not mandatory, it's an excellent idea to have radar on your boat if you operate in the dark or in areas prone to fog.
- Be sure you have an adequate and working bilge pump, as well as a manual backup pump.
- Before a squall is upon you, if you're towing a dinghy, remove the outboard, secure it on its mount onboard the main vessel, and, if possible, bring the dinghy aboard and tie it securely on deck. The reason being the towed dinghies easily flip in heavy weather.
- If you can't make it to port before heavy weather hits, heading into deeper water may be a safer option than trying to run for shelter at the last minute, which can put you in shallow, choppy water, or exposed to a dangerous lee shore. Trying to dock in a squall can be more dangerous than simply riding it out in deep water. This was a choice I was faced with years ago out at Lake Perris. It was a Sunday morning and we could see a storm was headed our way so we broke out of our raft up just in time as a tremendous squall line nailed us. Fortunately Phyllis and Aimee and her friends were ashore. The Catalina 25 was new to me and wind was so strong and the seas so rough that I decided not to head for our slip in the marina and buttoned up the boat. The rain was coming down in buckets and pelting us very hard, much more from horizontal rather than a vertical angle. Phyllis and Aimee were wondering where the heck I was but after about 30 minutes the storm let up a bit and I brought the boat safely back to the slip. One thing I learned from this experience was to always carry a pair of diving goggles on board as a strong and hard horizontal rain really stings and hurts the peepers and brings your vision to just about zero!
- If you feel at risk, put out a call on the VHF so that the U.S. Coast Guard can capture your position. Once everything is well again, notify that agency that you're fine. To do this call on VHF Channel 16, call "Pan-pan, pan-pan, pan-pan. This is the XX-foot (sailing/motoring/fishing) vessel (your boatname). Our position is (lat/long). Our engine is not working. We're anchored in 25 knots (then describe whatever is going on)."
- If you end up in a jam – without an engine or you've gone aground, you might call for assistance. Boat US helped me out about 2 years ago or so. I was on a mooring at Isthmus with a fellow sailor and the engine wouldn't start; batteries were dead. Fortunately I was covered by Boat US so I called them for a jump start and within about 25 minutes they arrived from Avalon. The Boat US guy was helpful and got us going right away. No charge to me and a few days later I did receive an email asking for feedback on their service;

naaturally I gave them kudos.

May 2016 San Juan Island trip, with Freeman's and Sherwoods

Sherwood/Freeman San Juans Trip continued from last month

After a leisurely and yummy breakfast, we made fast and dropped our mooring line. Our third day on North Star found us heading away from Spencer Spit, past Swifts Bay, around the top end of Lopez Island, down the Upright Channel and into the San Juan Channel. We were headed to Friday Harbor on San Juan Island, one of the larger San Juan Islands.

Rick Sherwood was our main captain and he spent many hours prior to the trip studying the charts and planning our route. Each morning while the rest of us enjoyed our coffee, Rick was up in the drive station, programming our route and putting in way points. Ever cautious, and not having a feel for the tides and the currents, Rick very carefully plotted our courses with the utmost care. For the most part we stayed in mid-channel while watching other boats scoot around us on both sides. On this leg of the trip we got to see many of the ferries that service the islands. Friday Harbor has a ferry terminal so we got to watch them coming and going. They are huge but they are very efficient at loading and unloading and it was quite impressive to watch.

We came in to Friday Harbor and were pleased to find a large number of guest docks in the marina. We picked up our assigned slip, tied up and readied the boat for the night. As it was pretty early in the day, we set off to do some exploring.

The first thing we saw were lots of little jelly fish in the harbor. They were really small, most no larger than a silver dollar. They were fascinating to watch as they were like little umbrellas, opening and closing as they moved around. They were really quite pretty and had no tentacles hanging down. I held one and it felt like a little mound of cold jelly in my hand.

Because we were there just before Memorial Day, some of the shops and restaurants in Friday Harbor were not open. We walked through the quaint little town and found a really neat grocery store. Although small by our local standards, it was remarkably well stocked. We had fun looking at the different offerings, including powdered peanut butter. Looking back, we wish we had bought some just to see what it was like. We found a cute little wine tasting room filled with all kinds of funny giftables so along with wine tasting, we wandered around chuckling at the many things to buy. Rick and Wendy bought a nice bottle of wine and we headed back to the boat.

Later, they decided to go up and take showers. While up at the showers, they discovered a little shop down on the dock that was selling crab and shrimp cocktails. They surprised us and bought two of each. They were filled to the brim with fresh shrimp and crab. They brought them back to the boat and we all enjoyed them with the nice bottle of wine we had bought earlier. Ahhhh, that's the life.

Later we enjoyed a nice dinner in town and headed back to the boat for a good night's sleep.



2016 - - - - - COMING EVENTS - - - - - 2016

- August **Note:** no dinner meeting this month
- Aug 6 District 13 Annual BBQ at 2 Harbors (Ishtmus Catalina) @ noon P/D/C Doug Dworski 562-618-7218
NOTE: D13 BBQ is cancelled
- Aug 20 Copy deadline for September LOG P/C Darrell Sausser, SN 951-780-2694
-
- Sept 14 Arrowhead Sail and Power Squadron regular dinner/meeting Cdr Tony Wiley, 951-201-9689
- Sept 17 Sea Scout Cardboard Boat Regatta; Location/Time TBA Lt Pat Rogers 909-677-6134
- Sept 20 Copy deadline for October LOG P/C Darrell Sausser, SN 951-780-2694
- Sept 22 District 131 Council meeting @ Cabrillo Beech Yacht Club. Dinner 6:30/Meeting 7:30
- Sept 22 - 25 Boat show @ Cabrillo Way Marina
-
- October 12 Arrowhead Sail and Power Squadron regular dinner/meeting Cdr Tony Wiley, 951-201-9689



For Boating education and boating fun, be sure to check out - www.arrowheadsquadron.org



Arrowhead Log Editor
 P/C Darrell Sausser, N
 15665 Russell Ave.
 Riverside, CA 92508-8850



