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Arrow

LOG

head

July 2015



Riverside Sailing Foundation's sailing regatta on Lake Evans, Fairmount Park, Riverside, on June 20th. Cdr Darrell is in the sabot sailboat on the right, heading for the first upwind mark. Arrowhead's boat finished 2nd.

Arrowhead Sail & Power Squadron
A Unit of the United States Power Squadrons
Sail and Power Boating - 52 years of serving our communities

THE WORKING CREW

Commander

Cdr Darrell Sausser, SN
951-990-2176

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Lt/C Ronnie Mann
909-223-6976

Executive Officer

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951-787-9842

Treasurer

P/D/C Mike Mann, SN
909-223-6971

Administrative Officer

AO John Brewington
951-024-3159
and AO Pat Rogers, S

Executive Committee

Lt/C John "Pat" Rogers, S
Bob Cozad, SN
Bruce Meeks, S
John Brewington, AP
Lt/C Arnold Rowe, JN

Webmaster

Arnold Rowe, JN
951-787-9842

THE LOG

Published the 1st of every month by Arrowhead SPS. Copy deadline is 20th of the month.
Log Editor
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Your nautical dreams can come true with education



Darrell's Deliberations

Cdr Darrell Sausser, SN

First some reminders. The District 13 BBQ is scheduled earlier than the August date of previous years. This year it will be on Saturday, July 25th. As usual, Arrowhead mans the serving tables, so we need to have plenty of members present for that duty. Jan has more detailed information in her article. Also plan ahead even further to attend the National Governing Board meeting that's held this year in San Diego starting on Tues August 25 thru Saturday August 29. Much more convenient for those of us residing on the left hand coast.. And last, remember that Arrowhead does NOT meet on the 2nd Wed of the month in July and August. The next meeting will be Sept 9th.

As you may have heard, Barbara fell and broke her right arm near the wrist. It's a very frustrating situation to have a dominant arm disabled, and not be able to write with the other. It's currently in a cast for another 5 weeks.

Our thanks to Steve and Carolyn Lebo for hosting the log bending party this month. They have a delightful setting with their home backing up to a golf course green. Of course every now and then a golf ball bounces off the patio roof to liven up the party. Doc Moe and friend will be attending to renew old friendships. The Nachman's will be hosting the July LBP. on Sunday Aug 2nd at 2pm. It will be at the mobile home park clubhouse in San Bernardino where they live. The park pool and hot tub will be available to everyone that afternoon. XO Deb continues to remind us to volunteer for an LBP potluck. Lots of open dates are still available.

Check Jan's article for info (page 7) about the Dana Point Picnic, a perennial favorite. It's a good way to escape the inland heat in August. Drive in, or cruise in. However if taking your boat it would be smart to get a slip reservation soon. Call Lynette Gaines @ Dana Point Marina Company to book a slip, 949-496-6137. Parking can also be a problem, so plan to arrive early.

Another place to cool off is the Thursday evening concerts in the park in Long Beach. Every Thurs afternoon through the summer, boats gather at the west end of Marine Stadium to enjoy a 2 1/2 hr outdoor concert by Long Beach Municipal Band.. That starts at 6:30-9pm Great fun in a dink, runabout, or cruiser, in the coolness of beach weather, munching out on dinner and libations while socializing with other boaters on all sides.

I guess it's up to me to look ahead to assess the Arrowhead situation for next year., Our bylaws call for the nominating committee to give a report of proposed nominations, 40 days prior to election. In effect that means the proposed slate must be published in the December LOG. The deadline for that LOG is Nov 20. Thus the de facto date for the nominating committee to submit an officer nomination report is Nov 20. For the squadron to function, the absolute bridge minimum is Commander, Treasurer, Secretary, Squadron Education Officer. I believe that SEO Ronnie Mann, and Treas. Mike Mann will continue in the 2016 bridge year. We MUST have a Commander candidate to function. We also need to have an Executive Officer, and an Administration Officer, plus a secretary, plus a minimum of 4 executive committee members. With no Commander candidate for 2016, we face termination as a squadron (Article 16 bylaws). I hope that this scenario never plays out. And it won't when just one person steps up to the plate.

An invitation: ESCAPADE will be setting sail to Pt Fermin for the 2nd start of the Transpac race. The start is at noon, Thurs July 16th. I can have a maximum of 10 onboard for the 3.5 hr sail from Alamitos Bay. We will depart the Alamitos Bay slip @0900. If interested please call me as soon as possible. You would need to bring your own lunch

Legislative Report, March 2015

P/C Howard Fuller, AP

Additional efforts are being made to enforce laws against any improper method of disposition of Plastic and Marine Debris. The penalty for violation of these laws are severe. A sentence could range from imprisonment up to six years, or a fine up to \$259,000.

The Federal law prohibits any discharging or depositing of any kind of refuse matter of any kind, into United State waters.

VSC CORNER

Pat Rogers, Chair, VSC Team

VSC Corner

Our Squadron total keeps rising. We stand at 27 completed Vessel Safety Exams. I am still having trouble with the National Office over 1 Examiner whom they consistently lose 2 exams annually. Hopefully this will soon be resolved.

.....John "Pat" Rogers, VSC Chair

Letters to the Editor - - -

Here's where your helpful and constructive ideas could be exposed to the light of day.

Darrell Sausser, SN

*Log Editor, XO, P/C, Cdr
and oher matters that come up
up from time to time. . .*

SKIPPER BOB'S FAMOUS (almost) CUISINE**LOG SKIPPER BOB'S FAMOUS (ALMOST) CUISINE****HERE IS A NEW TWIST ON AN OLD FAVORITE****MACARONI WITH SPINACH AND GOAT CHEESE AND TOMATOES**

8 oz Elbow Macaroni Pasta

3 Tbs unsalted butter

¼ cup flour

1 ¾ cups goat cheese

3 cups milk

2 cups spinach torn into small pieces

Kosher Salt and Pepper to taste

4 Roma Tomatoes sliced thinly

1. Set oven to 375 degrees. Boil 4 quarts of lightly salted water, add pasta until about ½ cooked. (about 3 minutes)
2. Melt butter in large saucepan, add flour and stir until thickened (about 1 minute) Whisk in milk and continue to cook and whisk until sauce thickens (about 10 minutes) then remove from heat.
3. Stir in 1 1/2 cups of the goat cheese and the spinach (reserve the last ¼ cup of goat cheese for topping). Add the Pasta. Season with salt and pepper, mix well..
4. Transfer to 8 x 8 baking dish. Layer with sliced tomatoes to cover t he entire top. Sprinkle with the remaining goat cheese. Put on a baking sheet and place in oven. Bake until cheese is golden brown and bubbly (about 45 minutes). Let cool 10 minutes before serving.

XO Debbie Neal, AP

June 2015

Our XO was on a 60 mile bicycle ride, Huntington Beach to Queen Mary and return . At a lunch stop the restroom had a wet floor - and down she went. Her left shoulder dislocated, and also gashed the elbow that required stitches. The emergency room at a hospital fixed the shoulder, tho the pain was pretty intense. They also stitched the elbow. The real heros were Bruce and Tami Meeks. Everyone was at Shoreline Village, Long Beach. And both vehicles were in Huntington Beach. Bruce rode back to Huntington, brought Deb's car to Shoreline to load the bikes, then to the hospital , then back to Huntington so Tami could drive their vehicle back home. What a logistcal nightmare. Many thanks to Bruce and Tami for all their help. The pain has subsided now, but the harness that must be worn to immobilize the arm is a real nuisance. As of doctor's appointment Wed 6/24 - Harness comes off, stitches out Wed of next week.

by Cdr Darrell S



Manning the good ship

S/V MANN

July 2015

Educational Department

Report Submitted by

Lt/C Ronnie Mann, JN

Come for the Boating Education... Stay for the Friends □

The students from the Marine Communications Course are testing.

I rescheduled the ABC3 course to start June 28, 2015 for four Mondays at Wiley's Scuba Locker, 1043 W La Cadena, Riverside, CA 92501.

Don't forget to join us for John Walker's anchoring seminar on Wednesday, July 8, 2015 at 1900.

Yes you can come for a refresher. Please RSVP to John. His phone number is 909-792-2654. His address is 146 Carmody Ct, Redlands, CA 92373-4817.

Looking to the future:

The Electronic Navigation Course will start on Thursday, September 10, 2015 and end on Thursday, December 3, 2015. It will be held at the Izaak Walton Building, 2710 Dexter Drive, Riverside, CA 92501. (located in Fairmont Park across the street from the golf course clubhouse).

The Weather Course is tentatively scheduled to start in January 2016.

To register for a class contact me at my email address gr8thounds@earthlink.net or call me either at the house (951) 689-2105 or on my cell at (909) 223-6976.

Other news:

On Saturday, June 20, 2015, six members of Arrowhead came out to support the Riverside Community Sailing annual fundraiser. This year there were three events - The Mayor's Regatta, Lawn Bowling and Golf. Commander Darrell Sausser, SN took second place in the sponsors' race. Congratulations Darrell!

Jerry Ervin assisted at the lawn bowling venue, Hal Gayer worked the grill/galley, Oscar Jimenez took photos of the event and Mike and I posted signs for the event around the park and sold tickets for the event at the entrance. It was a great way for us to meet both participants and spectators. It was really hot out there. We all survived. Thank you for supporting RCSP.

Ronnie

Darrell Sausser with ARH donation gift for the silent auction.

cont'd on next page



Con'td from page 4

Today, June 22, 2015, Cheryl Casone from the Fox Business Network reported on the latest report of the National Marine Manufacturer's Association:

- 35% of Americans participate in boating, that's 87 million people,
- \$35 billion dollars is generated by the boating industry, that includes boats, gas and accessories,
- Sailboat sales are up 30%,
- Powerboat sales are up 9.5% for the first quarter this year,

The rise in boat sales is due in large part to falling gas prices. It looks like good news for us. That means more boaters who will seek boating education.

SAFETY ON THE WATER

Arnold Rowe, AP, Webmaster and Safety Officer



NEW WAVE BUOY INSTALLED IN LONG BEACH

CAPT J. Kip Louttit, Executive Director, Marine Exchange of Southern California, regarding installation of a new wave buoy, provide this update.

A new wave buoy has been deployed just seaward and a bit to the West of the Queens Gate entrance to Long Beach, adjacent to the Golf Anchorages. The name of the buoy is "Long Beach Channel." The buoy is a 4-foot diameter yellow sphere with flashing yellow light at night as required by the Coast Guard. The buoy's position is: 33-42.010N 118-12.034W. If you recognize the location, it's where the old Yellow "A" buoy was for many years. Buoy measures wave height, wave direction, and wave period and sea surface temperature.

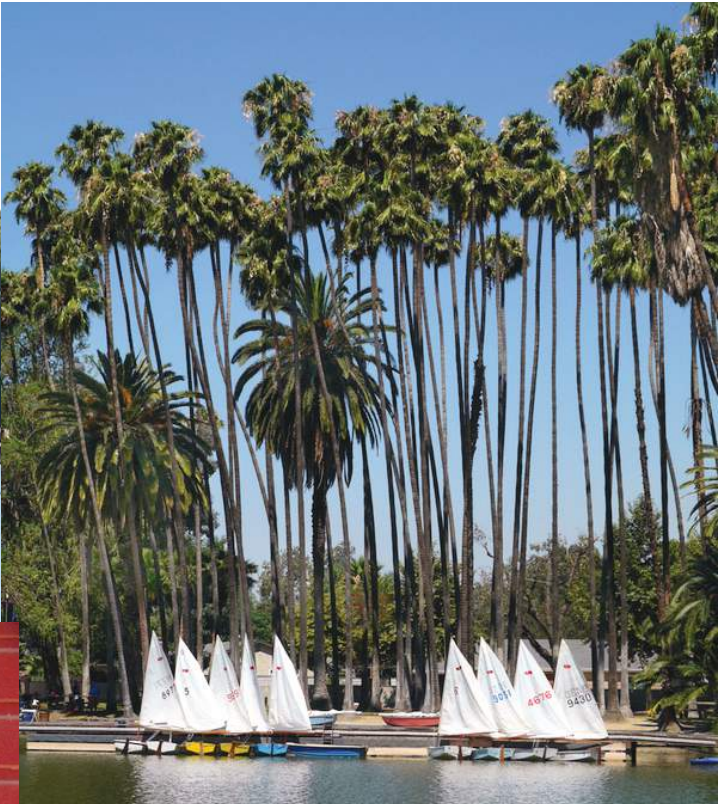
The wave height reported is the "significant" wave height (Hs) which represents the average of the 1/3 highest waves. Approximately double the Hs to obtain the maximum wave height.

The data are broadcast on the NWS Marine Weather Channel. Data are updated every 30 minutes. Go to <http://cdip.ucsd.edu> for further information.

The buoy is funded through the U.S. Integrated Ocean Observing System (IOOS) office in collaboration with the Army Corps of Engineers, the California Department of Parks and Recreation, and Tesoro. This additional buoy will give additional wave information for the safety and efficiency of all commercial and pleasure vessels in our waters. For questions concerning the data, contact: Scripps Institution of Oceanography, La Jolla, CA 858-534-3032 Email: www@cdip.ucsd.edu The existing "San Pedro" and "San Pedro South" wave buoys remain on station.

CAPT J. Kip Louttit / Executive Director / Marine Exchange of Southern California / San Pedro, CA / Cell: 310-897-1714 / Desk: 310-519-3127 / 24 Hr. Watch: 310-832-6411 / www.mxsocial.org / Twitter: @mxsocial

Scenes from the Regatta at Lake Evans, Fairmount Park, Riverside, on June 20, 2015



Photos by Oskar Jimenez of "Exposure House"

General dinner meeting information

Happy hour at 1830, dinner & meeting/program at 1900

Dinner cost \$23.00, vegie \$17.00

Location: San Bernardino Elks

2055 Elks Dr. San Bernardino (tel)909-882-3711

LOOKING AHEAD....

by Jan Freeman

. My cell phone #is 909-331-5757.

Hello Arrowheads! Summer has officially arrived and with it a whole season of boating opportunities. We would really like to see more of you come out and enjoy the feeling of freedom of being on the water, escape from the oppressive heat and best of all, we want you to enjoy the camaraderie and fellowship of boating with friends and family.

The recent wine festival, in which we partnered with Hollywood Yacht Club, had quite a few last minute cancellations so we ended up with only 3 boats. There were 4 Arrowheads who also belong to Hollywood, the Freemans and the Sherwoods, and 5 Hollywood members. We were all pleasantly surprised to see Ray and Sandy Edwards at the wine fest. They traveled to the island on the flyer to enjoy the wine fest and celebrate Sandy's birthday. Rick Sherwood won the Arrowhead wine trivia game, (To tell you the truth, he didn't have a lot of competition, sorry Rick) A good time was had by all even though it was a small group.

Our next cruise is also combined with HYC, the District 13 Annual Bar-b-Que at the Isthmus on July 25. This is another outing that is always lots of fun and is very family oriented. The Freemans will have a couple of grandchildren on board as will the Sherwood's. Arrowhead has traditionally done the serving for the picnic, as well as providing the majority of the cooking crew. Rick Sherwood, Jerry Ervin, and Mark Gunn all work tirelessly to ensure that our food is cooked just right. I hope to see many of you turn out for this "cruise". Cdr. Darrell is in charge of this one so be sure to call him and let him know if you're going to be there. Dist. 13 usually arranges for some type of discount ticket on the flyer for that day only. Watch for more information.

The next big outing after the Isthmus is our newly reprised picnic at Dana Pt. on Saturday, Aug 22. Those of you who would like to bring your boats can obtain a guest slip by calling the Dana Pt. Marina Company office at (949) 496-6137. If you belong to a yacht club you may be able to get a reciprocal and/or there is also a very nice anchorage available at no charge. I've already begun planning games and all the fun stuff so be sure to mark your calendars to join us. Last year's picnic was

Executive Board Meeting Information

Location: Elks - San Bernardino

prior to the dinner/meeting

Minutes of the Executive & General Meeting are available at the general meeting

Meetings are on the 2nd Wednesday evening of the month:

Note: The next dinner/ meeting is Sept 9th, 2015

Remember Arrowhead is dark in July and August

Over the years, the Log Bending Party has been a delightful way to prepare the LOG for mailing, enjoy a potluck meal, and enjoy lots of camaraderie with fellow Arrowheads. It is imperative that an LBP host know that you will attend, the host will inform you what dish you should bring. The host will specify day and time for the LBP.

- Aug 2 Host: Gail & Rick Nachman
- Aug 29 Host: your name here
- Sept 26 Host: your name here
- Oct 31 Host: your name here

a big success, we had a big turnout, lots of great food and a whole lot of fun. Look for more specifics in next month's log or give me a call.

Finally, is anyone interested in the Lake Mojave cruise September 11-13? I haven't heard from anyone so I was just wondering. Actually, Arrowhead doesn't really have very many trailer boats but there is a nice motel, two campgrounds and a large variety of boats to rent. Please let me know if you are thinking about joining us.

Jan

2015 - - - - - COMING EVENTS - - - - - 2015

- July NOTE: no 2nd Wednesday dinner/meeting in July or August
- July 20 Copy deadline June LOG Cdr Darrell Sausser 951-780-2694
- July 25 Annual District 13 BBQ, Isthmus Catalina Cdr Darrell Sausser 951-780-2694
cell) 951-990-2176
- July 25 Long Beach Harbor Series, #4, Little Ships Fleet Y C
- Aug 2 (Sun) July Log Bending Party Host Rick and Gail Nachman (Tentative) P/C Gail Nachman 909-567-2436
-
- Aug NOTE: no 2nd Wednesday dinner/meeting in July or August
- Aug 15 Long Beach Harbor Series, sailrace #5, Shoreline Y C
- Aug 20 Copy deadline September LOG Cdr Darrell Sausser 951-780-2694
- Aug 22 Arrowhead Dana Point Picnic P/C Jan Freeman 909-331-5757
- Aug 25 - 30 Nat'l Governing Board, San Diego
-
- Sept 9th ASPS Dinner meeting, San Bernardino Elks Club. Cdr Darrell Sausser 951-780-2694
Call for dinner reservations; Debbie cell)951-990-2176 Darrell Cell) 951-990-2176
- Sept 11-13 Lake Mojave cruuise. Call Jan asap if interested in attending P/C Jan Freeman 909-331-5757
- Sept 15 Long Beach Harbor series, race #6 Sponsor: Navy Yacht Club Long Beach
- Sept 20th Copy Deadline for Oct LOG

For boating education and boating fun, be sure to check out -



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www.arrowheadsquadron.org



UNITED STATES POWER SQUADRONS®

DISTRICT 13

ANNUAL ISTHMUS CRUISE

JULY 25, 2015

Bingo — Fantastic Raffle Prizes—Our Famous Tri Tip, snacks, Soda, Beer. Prizes and more.

Come one come all! Be there or be square.

Catalina Express Schedules

Depart San Pedro 0800 check in by 0700

Depart Two Harbors 1620 on JULY 25

(Departure times subject to change, CHECK WITH CATALINA EXPRESS)

Make your own express reservations if coming on the express

Please make reservation directly with Catalina Express 800-805-9201.



DINNER RESERVATIONS

| TRI TRIP | July 15 | After July 15 | Total | \$ AMT |
|-------------------|------------------------|---------------|-------|--------|
| Adults | \$25.00 | \$30.00 | _____ | _____ |
| Children 10 to 13 | \$10.00 | \$15.00 | _____ | _____ |
| Donation Tickets | \$10.00 for 11 tickets | | _____ | _____ |

Name: _____ Address: _____
 City: _____, Zip: _____ Phone: _____
 Email: _____

Make check payable to: D/13 Isthmus Cruise -
 Mail Check to; P/C Doug Dworski

3730 Oleander Street , Seal Beach, CA 90740-3032.— 562-431-6130 Cell (562) 618-7218

dworski@earthlink.net