



Vol. 54 #5

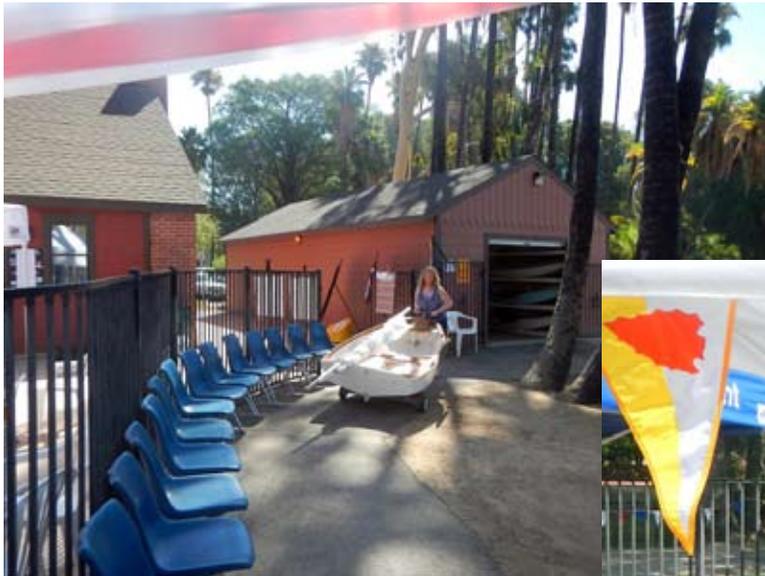
[www.arrowheadsquadron.org](http://www.arrowheadsquadron.org)

*Arrow*

*head*

**LOG**

*July 2014*



*New member Wanda, wheeling the 11 ft Sabot sailboat to the pier on Lake Evans. Fairmount Park, Riverside*



*Ronnie & Mike Mann, John Brewington, Darrell Sausser, working (?) the Arrowhead booth @ Riverside Sailing Foundation Regatta, Lake Evans*

**Arrowhead Sail & Power Squadron**  
A Unit of the United States Power Squadrons  
Sail and Power Boating - 52 years of serving our communities

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**THE LOG**

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*Your nautical dreams can come true with education*



## *Cdr Debbie Neal, AP At the helm, June 2014*

Each One, Reach One: 100 Day Membership Drive

Declining membership in our Arrowhead Squadron needs to be our number one priority. We need to get new members. Let's have each current member contact one or two people and invite them to one of our events or invite them to take one of our excellent courses. There will be a log bending party on Escapade on Saturday, August 2. If we can get others to bring their boats to this event, we are thinking of offering short rides around the harbor for prospective members. Would you be willing to bring your boat? Let us know. There are several vacant slips across and beside Escapade where you could put your boat for the day. When you invite a prospective member to an event, offer to give them a ride to the event. Share your own Arrowhead experiences with your guest including the classes you have taken, friends you have made, and fun you have had. New members will sense your enthusiasm. Let new member candidates know about some of the benefits of membership. How many of you know that we get a 25% discount on Weems and Plath items? What about the 10% discount at Motel 6 and the discount on Boat US membership. That is in addition, of course, to the classes we offer and all the fun activities we have virtually all year long.

Is anyone an expert in social media? Is there someone who knows how to navigate around Facebook and Twitter? If so, we could surely use your help in setting up accounts with social media. I think this might be an excellent way to contact potential new members.

I am also considering setting up a booth at one of the street fairs, perhaps the Redlands Thursday night event. Would you consider volunteering to help man one of these booths for an hour or so? This would be a good way to get the word out about all the great benefits of membership in Arrowhead Sail and Power Squadron.

I sincerely hope that each and everyone of you will make a concerted effort to bring at least one prospective member to an event. If we each do our part, I feel certain that we can make things happen.

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### *2014 Riverside Sailing annual Regatta & Hot Dog BBQ*

On June 20 & 21, 2014, members of our squadron assisted the Riverside Community Sailing Program set up for their annual Regatta. On Saturday we set up a booth for Arrowhead Sail and Power Squadron, helped to rig the sail boats, set up tables and chairs. Hal brought his spinnaker that was used as a shade. It was interesting to see how they rigged the spinnaker between the palm trees. Hal was the grill master.

We participated in the donors' race. The sailboat Darrell sailed had our logo on it. He won third place.

Below is a list of the names of the members who contributed to the success of the Riverside Community Sailing Program, 2014 Regatta & Hot Dog BBQ:

John Brewington Jr, Bob Cozad, Jerry Ervin, Hal Gayer, Mike Mann, Debbie Neal, Darrell Sausser, and Wanda Turner. Prizes were contributed by Connie and Cal Amadeo, Tony Wiley and the Manns.

As Wanda Turner (our newest member) said *it was a blast!!!!*



*New member Wanda manning the Arrowhead booth*

## ***XO Deliberations***

### ***P/C Darrell Sausser, March 2014***

Remember that Arrowhead is dark in the months of July and August - that is we're not having our usual Wednesday eve dinner/ meetings. However that doesn't mean there aren't boating activities. Check Cruise chair Jan Freemans's article on the next to the last page. We are reviving an activity in July that in years past was very popular. The Dana Point picnic may be attended by car, or by boat. Please let Jan know you are attending as soon as possible. She and Barry are hosting an evening party on their Fancy Free, Friday afternoon July 18th. Call or email Jan for more details. The Saturday BBQ ashore will start at 11am.

Then on August 2nd we'll have a Log Bending on Escapade, slipped in Alamitos Bay on Gangway 32. We'd like this to be an "open boat" party - so invite any potential member or friend to escape the inland heat with a cool afternoon at the beach. With 4 empty slips next to Escapade, there would be space for Arrowhead boats to participate in the LBP. This could be a way to implement the "100 day membership drive" by giving potential members a day at the cool beach, meeting some old timers, and taking an evening boat ride around the harbor.

And in August there's the usual Ed Wylie BBQ at Two Harbors. This is an annual fun event that can be accessed on the Express, or on your own boat.

So don't think that "Arrowhead being dark in July and August" means there's nothing happening.

#### ***SKIPPER BOB'S FAMOUS (ALMOST) CUISINE***

***Meatballs anyone ?***

***These meatballs can be served as a main course or as spaghetti and meatballs or you can roll them smaller and they make a great appetizer.***

***Either way you will receive many compliments on them.***

<i><b>1 LB bulk sausage</b></i>	<i><b>2 tablespoons flat leaf parsley</b></i>
<i><b>1 LB ground beef</b></i>	<i><b>2 cups Italian flavored bread crumbs</b></i>
<i><b>2 cloves garlic minced</b></i>	<i><b>1 ¼ cup warm water</b></i>
<i><b>2 eggs</b></i>	<i><b>olive oil</b></i>
<i><b>1 cup freshly grated Romano cheese</b></i>	<i><b>salt &amp; Pepper to taste</b></i>

***Set oven for 350 degrees,***

***Combine meat, garlic, eggs, cheese, parsley, salt and pepper in a large bowl***

***Mix well with your hands.***

***Blend bread crumbs into meat mixture. Slowly add water and mix well.***

***The mixture should be very moist but able to hold its shape.***

***I use an ice cream scoop to make even sized meatballs then roll them and press together. They should be about 1 1/2 inches in diameter (unless you are making appetizers then make them ¾ to 1 inch and place a toothpick in them***

***In a large baking dish coat the bottom with olive oil. Place the meatballs in but don't let them touch. You may need two baking dishes.***

***Place them in the oven for about 20 minutes. Using a pair of tongs turn them over and bake for another 15 minutes. They should just be starting to brown on the bottom side. If not leave them a little longer. You can freeze the ones you don't use for a latter date. These are the greatest.***

***Skipper Bob***

# ***SAFETY ON THE WATER***

## ***Arnold Rowe, AP, Safety Officer & Webmaster***

### ***LIFE JACKETS How to Encourage all boaters to get on board***

By Melissa Miranda

Boating Education and Outreach Coordinator

California State Parks Division of Boating and Waterways

Even when the deflated economy forced many to find new ways to recreate, recreational boaters still found their way to the water.

The thousands of miles of waterways in California make it possible for any type of boating imaginable, including intense white-water rafting with Class V rapids, leisure kayaking on peaceful lakes, ocean jet-skiing, and motor boating everywhere in between. So the question begs, how do we educate such a uniquely different group of people? And the answer to that question is in a manner that is as uniquely multi-faceted as the different types of boating, including traditional marketing, innovative marketing and creating social responsibility among boaters.

Creating a culture of boaters who always wear their life jackets while boating is not something that happens overnight. Even if jacket wear were mandatory while boating, would boaters comply? Boating statistics repeatedly show that 8 out of 10 drownings could have been prevented had the boater been wearing a life jacket. If you compare life jackets and boats to seatbelts and cars, you still hear of unfortunate accidents where a driver's or passenger's life could have potentially been saved if only they had been wearing their seatbelts.

So where do we even start? Messages are targeted to boaters through the more obvious traditional media markets like radio and television for starters. But to really get in boaters heads, "California State Parks Division of Boating and Waterways (DBW) goes online into their virtual world and strategically places ads on websites the boaters are known to check before heading out on the water such as weather websites. We also engage in conversations through blogs and social media sites to dig deep into boaters minds to instill a safety mindset. We direct boaters to our website [www.BoatResponsibly.com](http://www.BoatResponsibly.com) for a plethora of information on safe boating.

## ***Administrative Officer July Report***

### ***Mark Gunn, July Report***

Right out of today's headlines: A Florida couple fell off the back of their sailboat, drifted 75 miles in a strong current off the Florida Keys, and were lucky enough to encounter 4 fishermen, including a Sheriff Deputy and two undercover police officers who made the rescue. They tread water for 13 hours and were not wearing their PFD's. Very lucky, indeed. Sooner rather than later, they would have fatigued to the point of drowning because they were not wearing the PFD's. No detail on why they fell off, but they did. Lets all wear out PFD's!



***Darrell S ready to launch our Arrowhead Sabot sailboat.***



***Darrell S sailing away from the Lake Evans Pier, Fairmount Park, Riversides***

# Squadron Education Officer Report March 2014

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Submitted by Lt/C Ronnie Mann, JN

The educational year is coming to a close. The educational year is from 1 July to 30 June. Now is the time for you to let me know what class or seminar you want to participate in.

ABC3 is in progress with 4 students and is scheduled to conclude June 30. Seamanship is in progress with 3 students. The advanced piloting tests have been ordered. Five students have passed the Piloting exam. Four of those students are from the Riverside Community Sailing Program.

A big thank you to P/C Hal Gayer SN, P/C John Walker SN, and P/D/C Mike Mann SN, and Tony Wiley for all the time they contribute to support our educational department.

The Advanced Piloting course is scheduled to start in October. John Walker is the instructor. If you are interested in taking the class call me to reserve a space. Do you know someone who would be interested in taking our classes, go ahead and give them my home phone number (951-689-2105) or my cell number (909-223-6976).

Take a look at our website, Arnold has done a great job and does post our classes there.

Ronnie

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## **The D13 Fall Conference is scheduled : October 23-25, 2014.** by SEO Ronnie Mann

Celebrate the 100th Anniversary of the United States Power Squadrons in Hawaii with the Honolulu Sail and Power Squadron hosting the District 13 Fall Conference October, 2014. The Cruising and Voyaging theme of the event will reflect the warmth and hospitality of the islands with Hawaiian-themed seminars on the history and challenges of navigation in the 50th state October 23-26, 2014.

Social activities begin Tuesday October 21, 2014 for early arrivals with a tour of local yacht clubs and fireworks over Waikiki! Conference events include an evening dinner cruise, a farewell luau and conclude with a cruise to the Kaneohe Bay sandbar on Sunday October 26, 2014. Shipmates visit the only royal palace in the United States, the 'Iolani Palace.

The conference hotel is across the street from Ala Moana Beach Park, adjacent to Ala Moana Shopping Center and walking distance from the Ala Wai boat harbor. Waikiki beach is a mile away, accessible by bus, trolley and taxi if you prefer not to walk. The group rate at the Ala Moana Hotel will be honored for three nights before and after the meeting (subject to availability) so plan to bring the family and give yourself time to really explore Oahu. Reservations are being accepted today at the Ala Moana Hotel near the Ala Wai Boat Harbor and the Waikiki and Hawaii Yacht Clubs. Please use this reservation link to get the group discount of single/double: \$149 Kona tower, \$177 Waikiki tower. Reserve now to celebrate a century of safe boating!

For more information, you may email conference coordinator Richard Denton or call (808) 255-3373.

You can click on the reservation link to access hotel reservations at the Ala Moana Hotel.

You may view the current working schedule here: <http://www.uspshon.org/100th-anniversary-conference.html>



*Photos from Riverside Sailing Foundation annual regatta @ Lake Evans*  
*left: ASPS sabot 4676, Darrell at helm*  
*left lower: Darrell manning the tiller*  
*below: Hal Gayer cooking for the hungry spectators*  
*right: Announcer for the regatta and other events ashore*



## ***Legislative Report, July P/C Howard Fuller, AP***

This report comes from an article written by L. Alan Keene that appeared in the May 2014 edition of Sail Magazine. The title of the article is "Sometimes it Takes a Law". Why should lifejackets be mandatory on sailboats. The U.S. Coast Guard reports that less than 10% of sailboat skippers wear a life jacket. The majority claim that they are bulky and uncomfortable or that they are too hot. They do not realize how quickly a 12 foot pram can swamp when the chop grows. They don't understand how unstable a small cat can become when the wind shifts. Many solo sailors justify their choice by claiming to be such good swimmers that they don't need a pfd, even though there is no one aboard to throw them a line. Many believe, the article goes on to state, that the increase in life jackets being worn will not increase until there are laws demanding it. Just as the seat belt requirement in automobiles is now required in all states.



***Arrowhead booth @ Lake Evans, Riverside Sailing Foundation annual regatta***



***Ronnie & Wanda working the Arrowhead booth***

**General Dinner Meeting Information**

Happy hour at 1830, Dinner & meeting/program at 1900  
Dinner cost: \$21.00

**Location:** San Bernardino Elks  
2055 Elks Dr., San Bernardino (Tel)909-882-3711

**Executive Board Meeting Information**

**Location Elks - San Bernardino:** TBD  
prior to the general dinner/meeting.

*Minutes of Executive & General Meetings are available  
at the General Meeting or can be distributed via e-mail.*

***Cruise the Arrowhead way  
by cruisemaestro P/C Jan Freeman***

Greetings. We missed all of you at the wine festival in Two Harbors last month. We had a small group of three boats but we sure all had a lot of fun and the weather was wonderful. Hopefully more of you will be able to join us next year.

This month we are planning a cruise to Dana Pt. Marina on the weekend of July 18 and 19. Guest slips are available for those who wish to come by boat. There will be a get together on Fan Sea Free on Friday night. For those who wish to drive down and join us on Saturday, July 19 we plan to have a picnic on the shore overlooking the harbor. The picnic will start at 11:00. Please bring something to burn and something to share. You would also need to bring your own drinks. We will have the bar-b-que ready for use. There will be some fun games, a beautiful day at the beach, lots of yummy food and great companionship. Don't forget a folding chair, a hat and some sun-screen.

If you are coming by boat and want to get a guest slip, you need to contact the Dana Pt. Marina Guest Slips office at (949)496-6137. Guest slips are \$1.00 per foot, per day based on the length of the slip. At the time I was writing this article, they had two 40ft slips available (a 40 ft. slip accomodates boats up to 43ft) and several 35 ft slips available. (A 35 ft. slip accomodates boats up to 38 ft.) They also have smaller slips available. Reservations MUST be made in advance. If you cancel the reservation within 7 days you will receive a full refund. If you cancel within 7 days of your stay, you will receive a gift card that can be used for a future rental.

Please let me know if you plan to attend so I can keep you updated with information. Also, get your guest slip reservations as soon as possible. Hope to see all of you there, either on the water or at the bar-b-que.



***Meetings are on Wednesday evening: The next dinner/meeting is scheduled for Sept 10th, 2014. Dinner reservations for the Elks Lodge are required. They should be in by the prior Monday - Sept 8th***

***Please contact either Commander Debbie Neal, or John "Pat" Rogers, by phone or email to make your reservation.***

***For Cdr Neal, call 951-990-1816, or email bicycledebbie@gmail.com***

***For Pat Rogers, call (H) 909-867-6361, (C) 909-677-6134, or email patrogers906@aol.com***

# 2014 - - - - - COMING EVENTS - - - - - 2014

July 8	NOTE No dinner meeting this month, or in August.		
July 12	Seal Beach - Dana Point sailrace	P/C Darrell Sausser	951-780-2694
July 19	Dana Point picnic, come by land or by sea	P/C Jan Freeman	909-628-4231
July 20	Copy deadline for August LOG	P/C Darrell Sausser	951-780-2694
July 26	Long Beach Harbor Series, race #5 sponsor: Shoreline Y C		
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Aug 2	Log Bending Party (August LOG)on Escapade, Alamitos Bay Marina, Long Beach Come enjoy a cool afternoon at the beach, short harbor cruise if desired	P/C Darrell Sausser	951-780-2694
Aug 13	NOTE: no dinner/meeting in August. See you at the Sept. 10th dinner/meeting		
Aug 15 16	District 13 BBQ, joint event with SCCA, Isthmus Catalina		
Aug 16	LBHS sailrace #6 sponsor: LSFYC		
Aug 20	Copy deadline for September LOG	P/C Darrell Sausser	951-780-2694
Aug 20-24	Tall Ships, Los Angeles Hbr, D13 fleet to escort them	D//C Dick Daybell	714-801-7319
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Sept 10	Arrowhead SPS 5:00 pm bridge meeting/, 6:30 pm dinner/meeting, Elks Lodge San bernardino	Cdr Debbie Neal	714-990-1816
Sept 20	Copy deadline for October LOG	P/C Darrell Sausser	951-780-2694
Sept 27	Long Beach Harbor Series #7 sailrace, sponsor: Navy Yacht Club Long Beach		
Sept 27	Long Bending Party, location & time TBD, host needed.		



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