



Arrow

LOG

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July 2012



Jetlev Man riding twin jets of water, Isthmus opening ceremonies, Saturday June 30, 2012, at Two Harbors, Catalina

Arrowhead Sail & Power Squadron

A Unit of the United States Power Squadrons
Sail and Power Boating - 52 years of serving our communities

The Working Crew

Commander

Cdr Wendy Sherwood, AP
760-346-4697

Education

P/C Hal Gayer, FC
951-990-0018

Executive

Lt/C Michael Mann, N
951-689-2105

Administrative

Lt/C Debbie Neal, AP
951-990-1816

Secretary

Lt/C Connie Amadeo
951-276-0508

Treasurer

Lt/C Rick Sherwood
760-346-4697

Executive Committee

P/C Mark Gunn, J N
P/C Darrell Sausser, N
Lt John 'Pat' Rogers, S
Lt Cal Amodeo, AP

Webmaster

Arnold Rowe, AP
951.787.9842 email arowe@
dslextreme.com

THE LOG

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P/C Darrell Sausser, N
Tel: 951.780.2694
cell: 951.990.2176
e mail: sailords@earthlink.net

Weigh Anchor...:Let's go Boating!



Cdr Wendy Sherwood

A view from the bridge

Boating is about being on the water – and enjoying the experience.

At some time or another all of us are presented with ‘opportunities’ to overcome, to learn from, and to embellish as we share them in our tales. The Catalina Harbor cruise this past weekend was no exception. Four boats arrived on Friday. FanSea Free (Barry and Jan Freeman) was first on the scene [story number 1], followed by Charisma (Rick, Wendy and Cassidy Sherwood with Cassidy’s friend Amethyst). Nereus (Mark and Carri Gunn with their mechanic and his dog) [story number 2] arrived a while later with Escapade (Darrell Sausser with Debbie Neal) close behind.

The weather was cool and the normal stiff breeze on the windward side of the island was ever present – at some points on Friday night and Saturday evening it was even stiffer. All in all this cruise was relaxing. Participants enjoyed going ashore, buffalo viewing, kayaking, hiking, shopping, and consuming buffalo milk. We had a good time being together and socializing, and we had a traveling Happy Hour on Saturday evening which was fun – and delicious. Most importantly, we were on the water together.

Our squadron has a wonderful history of boating adventures, cruises, social activities, and educational opportunities. The reason we have this abundant history is because of all the members who paved the way, and the members who participate.

This summer there are two remaining planned ocean cruises to Catalina. The first is the Little Harbor cruise, July 20-22. Rick and I will not be able to participate in the Little Harbor cruise, so if you want to volunteer to be the cruise master, please let Rick know.

The ‘final’ summer cruise is the Annual Isthmus District 13 cruise and barbecue – now named in honor of our dear friend Ed Wylie. Please make your reservation as soon as possible – definitely before the July 15 deadline – by contacting Rosemarie Radomsky via e-mail at rradomsky@att.net. She is handling the dinner tickets and Catalina Express reservations. Reservations are a must. You can imagine the logistics of getting all supplies transported to the island. It is imperative that the committee is able to plan ahead so there will be enough food and beverages to go around.

Soon the Pelorus will be distributed with details of the 2012 District 13 Fall Conference. This October the conference will be held in Laughlin, Nevada. The room rate is \$25.00, and the seminars are being planned to hopefully be of interest to everyone. If you are interested in traveling by chartered bus, please contact Rosemarie Radomsky for the particulars. Please plan to attend.

As a reminder, please plan to join us at a very special Squadron Mystery Event on Wednesday evening August 29 in Redlands.

I sincerely hope you are taking advantage of the opportunities to participate in activities that are presented to us during this wonderful summer season.

WEIGH ANCHOR – LET’S GO BOATING!!

Cdr Wendy

**We believe in safe boating -
take an Arrowhead class**

Along the Fo'c'stle of the good ship

SEO Hal Gayer - -

Good news from the Arrowhead Education Department. I checked the Dv2000 this morning and although I have not received the actual test scores, everyone in Brett Nunnally's Engine Maintenance class has passed. Great work Brett and to all who took his class.

The really good news is that by passing Engine Maintenance Darrell Sausser has become a SENIOR NAVIGATOR. Way to go Darrell.



Bob Cozad, Pat Rogers and I conducted an America's Boating Class on 29 May for six workers at Eastern Municipal Water District. All passed easily. We demonstrated a type 5 life vest deployment using Pat's vest.

Classes on the horizon are: Piloting - - - navigation- - - Instructor Development
All members that wish to complete these courses can contact me with your intent.

We are still working on the Chapman Award.

See you on the water,
Hal

Ship 195 – July

Ship 195 has been a different kind of busy this month.

June has seen members of the Ship running all over the place for trainings. One of our adult members attended the BSA National Camping School to be certified as a Shooting Sports Director at Camp Geronimo in Arizona; while our Boatswain went to Lost Valley Scout Reservation to be certified as a Project C.O.P.E. (Challenging Outdoor Personal Experience) Director.

We have also been helping with trainings. Paula and Pat have given the Basic Boating class at Lake Perris SRA. Paula has been up and down the mountains putting on Canoeing, First Aid and CPR trainings galore. This month marks the beginning of the busy season for Paula and her Leave No Trace trainings. So far she's been giving short awareness courses, later in the summer she begins week long Leave No Trace Trainer courses during Summer Camp. Our Boatswain was on staff for the first session of the California Inland Empire Council's NYLT (National Youth Leadership Training), and our Yeoman is currently the senior most youth staff member for the second session.

This past weekend saw our Boatswain being "beaded" for having completed his Wood Badge ticket.

This week also marks the true beginning of the Summer Camp season for those of us on Camp Staff. From now until August we will be up in Idyllwild, enjoying the serenity that is hundreds of kids running around camp.

There are a couple of days break before Paula and a couple other members of the Ship head to the Northern Tier High Adventure Base in Minnesota for a Leave No Trace Master Educator course. Paula is the lead instructor, while those of us tagging along are hoping to become Master Educators.

We have an open house planned for September 26th in Redlands, so that interested youth and their parents can come and find out what we are all about.

Fair Winds,
Boatswain Kyle
S.S.S. Changing Tides

**- Admin's Anchorage -
- Soundings -
from AO Debbie Neal, AP**

Holly Scott a big hit

Our speaker for the June meeting, Holly Scott, was a big hit. Not only did we have a large turnout for the meeting, but I received numerous positive comments from people both at the meeting and in the days following the meeting indicating that they had really enjoyed her program. While it is always encouraging to hear that a program has been well received, I also had several members expressing appreciation for the phone call inviting them to the meeting. I had made phone calls to as many members as time would allow inviting them to attend the meeting. It seems that Arrowhead members really do appreciate the personal touch. Perhaps we should consider using the phone tree more often. I believe it does make a difference.

In the upcoming months, I have several ideas for potential programs. Some are my own ideas while others have been suggestions made to me. I am considering having a marine surveyor speak to us. As a potential boat buyer, myself, I could use as much help as I can get. Others of you may be thinking of buying a different size or type of boat.

Some of you may be thinking of adding solar power to your boat. Do you know the size and type of panels you would need to power your refrigeration? If you would like to know the answer to this and other questions, perhaps a solar power expert could give us a presentation on solar power.

Do you know what to do in the event of a medical emergency on the high seas? Do you know the most important items to carry in your first aid kit? What about inexpensive ideas about where to get your medical supplies? Did you know that some items can be obtained from the 99 cent store? Do you know which ones? I have a speaker in mind who could help us with the answers to these and other questions. He is an EMT and teaches first aid to the military.

Other ideas include a winery presentation, a traveler with a slide show of his trip through the Panama Canal, a speaker to discuss pros and cons of a catamaran versus a monohull (ok so I have a slight bias already as many of you know), and the sailing program at Fairmont Park.

If any of you have additional ideas, please feel free to call or email me. I am also interested in knowing your top 3 picks of the ideas presented so far. However, I am always open to new ideas.

Thank you to all who attended the June meeting and to those who provided feedback to me. I especially appreciate your words of appreciation. Enjoy the summer boating season. I'll see you at the September meeting.

Debbie

**Executive Officer
Lt/C Mike Mann, N**

I was given the duty as substitute Commander for the June meeting. Commander Wendy and Rick ran off to the Big Apple for a little R & R. During the meeting I had the great pleasure of giving the oath to two of our new members, Joe and Ana Gasnapp.

What a great program we had at the June meeting. A/O Debbie outdid her self. Captain Holly Scott, one of the owners of Charlie's Charts gave a presentation on her adventures as a charter captain and how she became involved in Charlie's Charts. I'm sure most of the cruisers are familiar with these cruising guides.

A couple of cruises have been completed so far this year. Our next get together will be a log bending at the Knierim's hide out in the mountains. Check the web site for more details. The next cruise is to Little Harbor on the backside of Catalina on July 20-22. Following that is the District 13 annual BBQ at the Isthmus on August 4. This cruise is for everyone. If you don't have a boat you can still come to the event on the Catalina Express for the day. This year we are honoring Ed Wylie, District Treasurer who passed away earlier in the year. Ed had been the main organizer for the BBQ for many years.

During Safe Boating Week there was a theme of Ready, Set, Wear It. There were 3,993 people (dogs too) participating in the event. The message of the event was to encourage everyone to use a life jacket while on the water.

Check out the USPS Ships store for 100th anniversary items for sale.

Mike

Safety on the water

Safety Officer, Arnold Rowe, AP

THE IMPORTANCE OF TETHER LENGTH

Recently, off the coast of England, the skipper-owner of a 38ft sloop died when he went overboard wearing a harness that was too long. This, according to a report by the Marine Accident Investigation Branch (MAIB).

The MAIB also highlighted the fact that safety-training courses did not routinely address recovery of a man overboard (MOB) wearing a harness and tether.

In June 2011, Christopher Reddish, 47, from south London, fell overboard 14 miles off shore during a race, which had up to 30 knots of wind. He was still attached to the boat by his 1.8m (6 foot) long tether. The crew, including Reddish's son, spent 16 minutes getting him back aboard where he was pronounced dead by a cardiologist who was one of the crew.

Lack of training in MOB recovery was asserted to be an important factor in his death. The crew had not practiced an MOB drill before the race. Additionally, when Reddish went over the side, no one initially took charge because a second in command had not been named. Also, the yacht's engine was not started until 14 minutes into the emergency because it was feared it would foul trailing ropes.

Other safety factors raised by the loss of Reddish include a lack of manufacturing standards covering the quality of lifejacket crotch straps and lifting rings. Apparently, the skipper's lifejacket rode up over his torso and may not have been correctly adjusted. Any of you who have found yourselves unexpectedly in the water know that lifesaving gear needs to be tightly attached to your body in order to be effective. You can easily slip out if it's too loose.

The MAIB ruled that if Reddish had used a shorter harness line - and there were 80cm (2.5 feet)-long tethers on board - he would probably not have died. Lack of training in MOB recovery was also an important factor in this tragedy.

OUR ARROWHEAD WEB SITE

Arnold Rowe, AP, Webmaster

For a quick update on our Squadron's activities check out our web site at <http://arrowheadsquadron.org/index.php>. Once there click on PHOTO ALBUM and there you will find recent photos of our Vessel Safety Check (VSC) at Silverwood Lake.



A boating partner wanted - - -

I'm looking for a boating partner, to go cruising, fishing, beach parties, or any interesting on-the-water events. My boat is a 24 foot cabin cruiser.

Call Loren Beebe at 760-2478045. or E-mail me at martiwinger@yahoo.com

SKIPPER BOB'S GOURMET CORNER

P/C Bob Holcomb, AP

SKIPPER BOB'S FAMOUS (ALMOST) CUSINE

Whatever happened to the good old fashioned home cook ? As I wander thru COSCO I see mashed potatoes, heat and eat, bacon already fried, pot roast, heat and eat. Wow! I don't consider heat and eat a form of cooking. I always enjoyed cooking (and eating of course) A niece of mine recently told me the only reason she had a kitchen was because it came with the house ! Remember this girls! Kissin don't last but cookin do!

Our recipe request for this month is : **5-MINUTE GOURMET BRUNCH**

1 LONG LOAF FRENCH BREAD

1 STICK OF BUTTER

¼ CUP FINELY CHOPPED ONIONS

3 TABLESPOONS OF WET MUSTARD

1 TABLESPOON OF POPPY SEED

½ POUND SLICED SWISS CHEESE

4 SLICES BACON CUT IN HALF

Trim most of the crust from the top of the loaf. Then slice the loaf in one inch thickness but not thru the bottom crust. I cut it slightly diagonal so the slices are larger. Melt butter in a skillet on low heat, sauté the onions until they are soft, then mix with the mustard and poppy seed. Spread between the cuts in the loaf, insert the slices of cheese between the slices of bread. Arrange the bacon over the top in x's bake in a 350 degree oven until the bacon is crisp and the cheese melted. You will love it !

Skipper Bob



NOTICE

SEVERAL MEMBERS HAVE EXPRESSED A DESIRE TO RECEIVE THE LOG BY E-MAIL ONLY. PLEASE NOTIFY THE COMMANDER IF YOU WISH TO CONTINUE RECEIVING THE PAPER VERSION. OTHERWISE YOU WILL RECEIVE AN ELOG.PDF EVERY MONTH.

General Dinner Meeting Information

Happy hour at 1830, Dinner & meeting/program at 1900
Dinner cost: \$21.00

Location: San Bernardino Elks
2055 Elks Dr., San Bernardino (Tel)909-882-3711

Executive Board Meeting Information

Location : Coffee Bros. - Colton
the first Thurs of the month (call Cdr for directions).
*Minutes of Executive & General Meetings are available
at the General Meeting or can be distributed via e-mail.*

Cruising Log P/C Rick Sherwood, JN

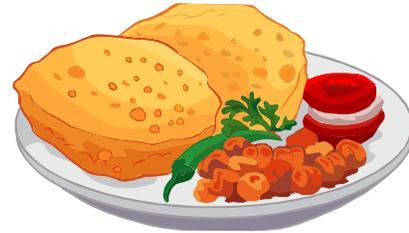


*We are looking forward to our upcoming
ocean cruises*

The Little Harbor Cruise is scheduled for July 20-22.
Sherwoods will not be able to participate, and we are in
need of a cruismaster. Please contact me if you are will-
ing to volunteer.

August 3-5 is the District 13 Ed Wylie Memorial Isthmus
cruise and barbecue. The barbecue is Saturday August 4
and is always a fun time. Get your tickets reserved with
Rosemarie Radomsky rradomsky@att.net , and let me
know if you are planning to bring your boat.

See you on the water!
Rick



*As decided in the 2011 year
**MEETINGS have changed to Wednesday
evening:***

*The next dinner/meeting
will will be*

Wednesday, Sept. 12th 2012

***Remember - Dinner Reservations are
required for Squadron meetings at San
Bernardino Elks Lodge***

***The deadline for reservations is the
prior Friday - Sept 7th 2012***

***Always contact Pat Rogers,
or the commander***

to make your reservation.

John "Pat" Rogers, PO Box 2

Running Springs, CA

92382-2792

E-mail: patrogers906@aol.com

Arrowhead Log Bendings:

I am looking forward to our Log Bendings this year.

I am sure you are!! They are so much fun. It is another
great way to socialize with members of our squadron.

They are very easy to host. We all love good potlucks!!

Carri Gunn – 951-529-2048
or Artbarn@carrigunn.com

July 7th – Robert & Jean Knierim

July 28th – Rumanuk & Nachman

Sept 1st – Cal & Connie Amodeo

Sept 30th – Brent & Laurie Freeberg

Nov 3rd – Stephen & Carolyn Lebo

Dec 1st – Barry & Jan Freeman

Hope to see you all there!!

< COMING EVENTS >

July 7	Log Bending (July LOG)_ Robert & Jean Knierim residence	
July 14	Seal Beach to Dana Point sailrace	
July 20	Copy Deadline for August LOG	P/C Darrell Sausser 951.780.2694
July 20-22	Little Harbor, Catalina cruise	Cdr Wendy Sherwood 760;346;4697
July 28	Long Beach Harbor Invitation sailrace #5	
July 28	Log Bending Party, Rumanuks and Nachmans are hosting	
Aug 4	Ed Wylie Memorial BBQ, Isthmus Catalina	Cdr Wendy Sherwood 760;346;4697
Aug 18	Long Beach Harbor Invitational sailrace #6 "Escape the Heat"	
Aug 20	Copy Deadline for September LOG	P/C Darrell Sausser 951.780.2694
Aug 23	ASPS Mystery Event	Cdr Wendy Sherwood 760;346;4697
Sept 1	Log Bending Party (Sept LOG), Amadeo residence	Connie Amadeo 951.276-0508
Sept 2-9	USPS Nat'l Governing Board, Detroit Michigan	
Sept 5	ASPS Bridge meeting	Cdr Wendy Sherwood 760;346;4697
Sept 12	ArrowheadSPS Dinner/meeting, Elks Lodge, San Bernardino	Cdr Wendy Sherwood 760;346;4697
Sept 15	Cardboard Boat regatta, Lake Lopez, Costa d'Oro Sponsor	P/C Ken Boyd 805.937.4024
Sept 20	Copy Deadline for October LOG	P/C Darrell Sausser 951.780.2694
Sept 22	Sailrace, LBHIS #7 All Hands race, Navy YC sponsor	
Sept 27	District 13 Bridge/dinner meeting, CBYC San Pedro	Cdr Don Crowder 805.966.5775

For additional information, contact the webmaster at Webmaster@ArrowheadSPS.org.

Additional information regarding cruises, contact the Cruise master at CruiseMaster@ArrowheadSPS.org.



Arrowhead Log Editor
P/C Darrell Sausser, N
15665 Russell Ave.
Riverside, CA 92508-8850